TBM ADULT CAMPCRAFT

Outdoorsman – Voyager – Trip Leader

Personal Equipment Check List

(items marked *** are included for mountain/cold-weather trips)

01[] BOOTS	1 pair backpacker or hiking type waterproof boot (good quality high top tennis shoe is acceptable. They should be large enough for two pair of socks to minimize blisters.
02[] SHOES	1 pair camp shoes – lightweight slippers, slaps, etc.
03[] SOCKS	2 pair thin polypropylene liner and 2 pair heavy wicking type non-cotton. Extra socks of any type will come in handy.
04 [] WINTER SHIRT ***	1 long sleeve winter shirt (wool is best).
05[] UNDERWEAR	2 T-shirts - NON-white won't show dirt as well. 2 shorts - boxer or brief.
06[] LONG JOHNS ***	1 set - polypropylene or wool.
07[] PANTS	1 pair walking shorts. 1 pair long jeans.
08[] WINDBREAKER	1 nylon or hooded sweater with zipper.
09[] JACKET ***	1 lightweight jacket or lined windbreaker.
10[] HAT	1 ball cap or brim type. *** 1 toboggan, ski type (wool or synthetic). ***
11[] GLOVES	1 pair - leather or cotton.
12[] HANDKERCHIEF	2 cotton.
13 [] RAIN GEAR	1 Nylon poncho (Gl type) or nylon rain suit (top & bottom).
14 [] GATORS ***	1 pair waterproofed with toe hook.
15 [] BACKPACK	1 internal frame or external frame with top extension bar and 4 cargo straps
16[] SLEEPING BAG	1 Three Season mummy style with waterproof stuff sack.
17 [] SLEEPING PAD	1 close cell foam type or equivalent.
18 [] PLASTIC SHEET	1 3' X 6' sheet of 4 mil polypropylene plastic for inside of tent floor.
19[] TENT	1 nylon backpack tent with rain fly.
20 [] GROUND COVER	1 4 mil polypropylene plastic sheet as large as bottom of your tent.
21 [] FUEL CELL	1 container with fuel (butane, propane, white gas).
22 [] STOVE	1 backpack stove with fuel (Peak white gas, or collapsible butane/propane).
23 [] COOKING POT	1 #10 can (1 gallon) or equivalent. Aluminum cooking pot or cook set.
24 [] POT GRIPPERS	1 pair pot grippers or miniature channel-lock pliers.
25 [] SCOURING PAD	1 plastic scrub pad

26 [] CANTEEN 1 quart plastic container with screw lid full of fresh drinking water.

27 [] PURIFICATION 1 container of lodine derivative water purification tablets.

28 [] CUP 1 metal cup (1 pint capacity) - Sierra cup is ideal.

29 [] SPOONS 2 tablespoons (1 metal, 1 wooden).

30 [] FORK 1 fork.

31 [] KNIFE 1 lockback pocket knife (sharp).

32 [] MATCHES 5 day supply and/or a disposable lighter.

33 [] FLASHLIGHT 1 small unit with spare batteries and bulb.

34 [] WHISTLE 1 metal or plastic.

35 [] COMPASS 1 Silva 7NL or equivalent.

36 [] BATH CLOTHS 1 medium size bath towel. 1 wash cloth.

37 [] BATH SOAP 1/2 bar of Ivory or a container of biodegradable soap.

38 [] TOILET PAPER 1/2 roll biodegradable. Store in Ziploc bag.

39 [] TOWELETTES Minimum supply of 15 Wet-ones. Store in Ziploc bag.

40 [] TROWEL 1 plastic potting spade.

41 [] ROPE 50 ft. 1/8" nylon.

42 [] PERSONAL ITEMS Comb

Tooth brush and tooth paste Deodorant, small plastic container

Foot/body powder, small plastic container

Sun lotion, small plastic container Muskoil insect repellent, small container Sun glasses, with crush proof case

Personal medications; aspirin, nose drops, cough drops, chapstick, etc.

Personal first aid kit, pocket size Dr. Scholl's Moleskin and Molefoam

Camera, film, etc.

Bible

Steno type note pad and pencil

43 [] REPAIR KIT Frame pins and keeper rings, safety pins, needle, thread, buttons, etc.

44 [] ZIPLOC BAG 10 (1 gallon) to be used for containment within the pack to prevent spillage or

leakage and for keeping some items dry.

45 [] ROAD BAG 1 CLEAN SET OF EXTRA CLOTHING AND SHOWER KIT. This bag will be left in the

vehicle at the trail head in a separate bag. It will be used for the return trip to Latham

Springs

Items **in bold font** are required items for a backpacking trip. Other items on list are highly recommended but can be substituted. It's your choice. Keep in mind the final weight of your pack with food and water.